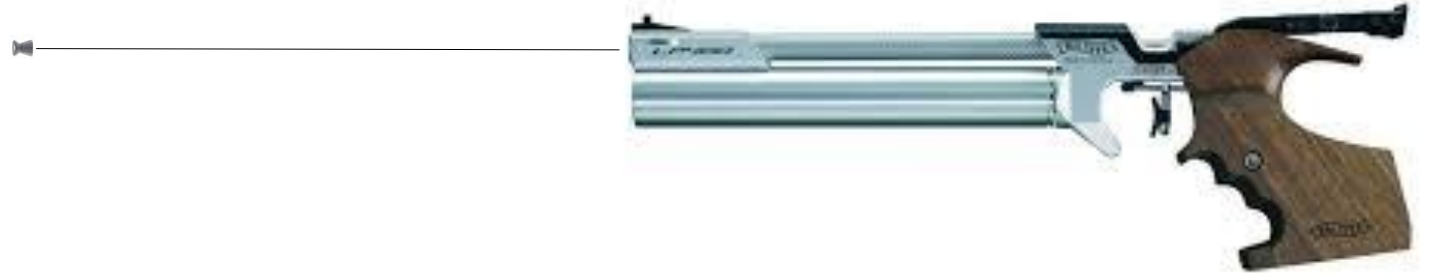




# AFC-IWLA Sills Air Range



# Youth Air Pistol Program

**AFC-IWLA Sills Air Range**

# Overview

- **What Is Progressive Position Pistol?**
- **Youth Program Objectives**
- **Safety**
- **Air Pistols & Targets**
- **Shooting Fundamentals**
- **Practice**
- **Competitions**
- **What Parents & Athletes Need to Know**
- **What Are Your Questions?**



# What Is Progressive Position Pistol?

- Introduces young athletes to precision shooting
- Shooters advance from a sitting basic supported position to standing supported & unsupported positions



# Youth Program Objectives

- **Make it an enjoyable & fun experience**
- **Focus on the athlete's well being**
  - **Teach life skills of planning, organizing, time management & social interaction**
  - **Develop concentration & confidence**
- **Coach shooting position & shooting fundamentals**
- **Provide another path to the Junior Olympics**

# Safety

- **ALWAYS** keep the muzzle pointed in a safe direction
- **ALWAYS** keep finger off the trigger until ready to shoot
- **ALWAYS** keep the gun unloaded until it is ready to use
  
- **Eye protection** for shooter & observers is mandatory
- **Don't drink/eat while shooting, wash hands after shooting**

# Air Pistols



CO<sub>2</sub> Cylinder  
Inexpensive (\$50-\$200)  
Relatively accurate  
Must change cylinder  
every 40 pellets  
Becoming obsolete



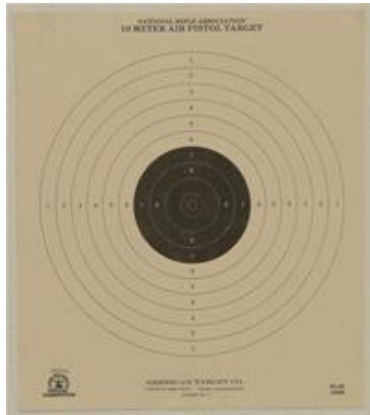
Mechanical Pump  
Inexpensive (\$50-\$170)  
Relatively accurate  
Must break grip to pump  
& load



Pre-Charged Pneumatic  
Range \$400-\$1500+  
Very accurate  
Need compressed air  
Internal cylinder model  
less expensive than  
removable cylinder

# Targets

- The sport of air pistol is shot with .177 caliber air guns at a distance of 10 meters
- Target is 6.7 x 6.7 inches with concentric score zones





# Shooting Fundamentals

- **Aiming**
- **Breath control**
- **Hold control**
- **Trigger Control**
- **Follow through**



# Practice

- **2<sup>nd</sup> & 3<sup>rd</sup> Sunday of each month (1100-1400)**
- **20 training slots available**
- **Athletes & parents need to sign up for one time period**
  - 10 slots 1100-1230**
  - 10 slots 1230-1400**
- **Request parents remain with young shooters to help with the basic supported position**

**Contact Mark Budgeon to reserve a time slot**  
**[mgbudgeon@verizon.net](mailto:mgbudgeon@verizon.net) 703-490-5817**

# Competition

- **Youth air pistol club is the NoVA Sharpshooters**
- **“Postal Matches” with other clubs in calendar year 2018**
- **Push USA Shooting & the National Rifle Association to Restart the Progressive Position Pistol National League**

# What Parents & Athletes Need to Know

- **No range fee for the remainder of calendar year 2017**
- **Air pistols, pellets & targets provided**
- **Coaching provided**
- **Range fee required for 2018**
  - **Junior membership for AFC-IWLA members = \$60**
  - **Junior membership for non-members = \$75**
  - **Pay online at <https://tinyurl.com/airrangefee>**
- **Sills Air Range <http://afc-iwla-sillsairrange.org/>**
- **Sills Air Range Air Pistol <http://afc-iwla-sillsairrange.org/air-pistol/>**

# What Are Your Questions?

