

## **AFC-IWLA Sills Air Range – Youth Air Pistol Program**

The Youth Air Pistol Program introduces junior shooters to the sport of international standing precision air pistol. Junior shooters will work with coaches to learn how to safely operate an air pistol and the fundamentals of shooting an air pistol. The junior shooters will also develop the life skills of organization, time management, developing the ability to focus on a precision task and the ability to develop self-confidence.

Once a junior shooter demonstrates they can handle an air pistol safely, they can comply with the range rules, and they can focus on shooting 40 shots in 50 minutes for junior women and 60 shots in 75 minutes for junior men, they will have the opportunity to become a member of the NoVA Sharpshooters air pistol club.

The NoVA Sharpshooters club has additional practice sessions beyond the range times reserved for the Youth Air Pistol program. The NoVA Sharpshooters use these additional practices to advance their skills in preparation for NRA and USA Shooting competitions. Each year there is a State level match which gives the junior shooters an opportunity to become a State champion and also receive an invitation to the Junior Olympics that are held annually in the month of April at the Olympic Training Center in Colorado Springs, CO.

The Youth Air Pistol Program is held the second and third Sunday of each month from 12:00 Noon to 3:00 PM. There are two relays. Relay one is 12:00 Noon to 1:15 PM and relay two is 1:30 PM to 2:45 PM.

The 2018 range fee to participate is \$60 for junior shooters with parents who are members of the AFC-IWLA or \$75 for junior shooters with parents who are not members of the AFC-IWLA.

The program is open to junior shooters from 10 years of age to 18 years of age.

Contact Coach Mark Budgeon, 703-490-5917 (H), [mgbudgeon@verizon.net](mailto:mgbudgeon@verizon.net), if you would like to learn more or to reserve a slot in relay one or two. Slots are limited and depend on the availability of volunteer air pistol coaches. The Sills Air Range is a USA Shooting Certified Training Center and all volunteers comply with USA Shooting training and background check requirements.

**This is not a walk-in program.** A relay reservation is required so that we have adequate coaches available to work with the junior shooters. Young, inexperienced juniors require one-on-one supervision until they demonstrate they can advance from paper targets to the electronic scoring system and eventually an opportunity to become a NoVA Sharpshooter.